

## Women in Exile & Friends



How are the hygienic conditions in your 'Heim'?

Do you have access to regular check ups at the gynaecologist?

In case you are sick and need special aid / nutrition: Does the Sozialamt (social welfare office) grant you these extra benefits?

Is it possible to lock the toilets and showers?

Is your 'Heim' wheelchair accessible?

Please don't hesitate to contact us!



Contact Women in Exile

phone 0331 - 24348233  
email [info@women-in-exile.net](mailto:info@women-in-exile.net)



A project supported by **Aktion**  
MENSCH

## About Women in Exile

**Women in Exile** is an initiative of refugee women founded in Brandenburg in 2002 by refugee women to fight for their rights. We decided to organize as a refugee women's group because we have made the experience that refugee women are doubly discriminated against not only by racist laws and discriminative refugee laws in general but also as women. **Women in Exile e.V.** was founded in Potsdam in 2011 and is recognized as a non-profit association.

'**Women in Exile & Friends**' was formed in 2011 by Women in Exile & activists in solidarity without refugee background. Together we conduct the campaign titled "No Lager for Women! Abolish all Lagers!"

We meet at the 'Heilpraktikerschule', Bethanien, Mariannenplatz 2a in Berlin every 1st Saturday of the month at 01:00 p.m. You are welcome to join!

### Contact:

Telephone: 0331 - 24348233

Email: [info@women-in-exile.net](mailto:info@women-in-exile.net)

### Find us on the internet:

<https://www.women-in-exile.net/en/>

Facebook: Women in Exile & Friends

## Addresses:

Get good treatment by doctors in solidarity in case your local Sozialamt (social welfare office) refuses to pay for you or you don't have health insurance:

### Medibüro Berlin

Gneisenaustraße 2a | courtyard, staircase 3, 2nd floor

10961 Berlin (Kreuzberg)

'Mehringdamm' U-Bahn station U6 / U7

tel: 030 - 694 67 46 | fax: 030 - 629 01 145

email: [info@medibuero.de](mailto:info@medibuero.de) | web: <https://medibuero.de/>

### Advice and information on HIV / AIDS:

#### AIDS-Hilfe Potsdam e.V.

Kastanienallee 27

14471 Potsdam

tel: 0331 - 95 130 851 | fax: 0331 - 95130852

email: [info@aidshilfe-potsdam.de](mailto:info@aidshilfe-potsdam.de) | web: [www.aidshilfe-potsdam.de](http://www.aidshilfe-potsdam.de)

### Access to midwives – information about your legal rights:

[www.hebammenverband.de/aktuell/fluechtlinge/](http://www.hebammenverband.de/aktuell/fluechtlinge/)

### Information on women shelters and what to do in case of sexual violence:

#### Frauzentrum Potsdam

Nansenstraße 5

14471 Potsdam

tel: 0331 - 97 46 95 | fax: 0331 - 951 48 90

email: [frauenberatung@frauenzentrum-potsdam.de](mailto:frauenberatung@frauenzentrum-potsdam.de) | web: <http://www.frauenzentrum-potsdam.de>

### Counselling for legal and social issues:

Contact your local **Beratungsstelle** (advice centre) or call us.

